



## EASY BAKED COD

SERVES: Makes 4 SERVINGS PREP TIME: 5 MINUTES Recipe courtesy of Dinners, Dishes & Desserts

## INGREDIENTS

- 1 jar (15.5 ounces) Aunt Nellie's Harvard Beets
- 4 cod fillets, about 3 ounces each
- 1 teaspoon salt
- 1/2 teaspoon Old Bay seasoning
- 1/4 teaspoon black pepper
- 4 tablespoons butter, melted
- 1 teaspoon lemon zest
- Chopped parsley, optional

## INSTRUCTIONS

- 1. Preheat oven to 350°F
- Season both sides of the fish with salt, Old Bay seasoning and pepper. Place on a foillined, rimmed baking sheet.
- 3. Drizzle about 1 tablespoon melted butter over each piece of fish.
- 4. Pour jar of beets onto separate foil-lined, rimmed baking sheet; spread into single layer.(Do not drain beets.)
- 5. Place both baking sheets in oven. Bake 12 to 15 minutes until beets are warm and fish is opaque and cooked through.
- 6. Remove from oven. Sprinkle lemon zest over beets. Serve immediately, garnished with parsley, if desired.

## FIND IT ONLINE:

https://auntnellies.com/easy-baked-cod/

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www.auntnellies.com