



Aunt Nellie's[®]

BEET & SPINACH WRAP

SERVES: Makes 1 SERVING

PREP TIME: 10 MINUTES | **CHILL TIME:** UP TO 4 HOURS

INGREDIENTS

- 1 single serve cup Aunt Nellie's Diced Pickled Beets
- 2 tablespoons prepared hummus (any flavor)
- 1 multigrain or whole wheat tortilla wrap (about 7 inches diameter)
- 1/2 cup lightly packed baby spinach, long stems removed
- 2 thin slices smoked turkey breast (See Note)
- Chopped chives

NOTE: Other favorite sandwich meats such as plain turkey breast, ham or roast beef can be substituted for smoked turkey.

INSTRUCTIONS

1. Drain beet cup. Discard liquid. Pat beets dry.
 2. Spread hummus evenly over one side of tortilla. Top with even layer of spinach, then beets. Top with turkey slices and sprinkle with chives. Roll up. Serve immediately or wrap securely in plastic wrap and refrigerate up to 4 hours.
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FIND IT ONLINE:

<https://auntnellies.com/2017-7-17-beet-spinach-wrap/>

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