



Aunt Nellie's®

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Winning Recipe by Donna R. of Massachusetts

SCRUMPTIOUS BEETS, SEEDS & GRAINS SALAD

SERVES: 4 SERVINGS | PREP TIME: 15 MINUTES

INGREDIENTS

- 8 cups salad greens washed and dried
 - 2 cups Aunt Nellie's Pickled Diced Beets, drained
 - 1 cup mozzarella pearls
 - 2 cups cooked quinoa and still warm
 - 1/3 cup roasted salted sunflower seeds
 - 2/3 cup prepared Asian Sesame Salad Vinaigrette Dressing
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INSTRUCTIONS

1. Place salad greens in a large bowl or dish.
2. Top with diced pickled beets.
3. Sprinkle with mozzarella pearls and warm quinoa.
4. Sprinkle half the sunflower seeds on top
5. Pour on 1/3 cup of dressing. Toss the salad; and add additional dressing if needed.
6. Sprinkle the rest of the sunflower seeds on top.

Note: A simple Balsamic dressing or other flavorful dressing also works well with this recipe.

FIND IT ONLINE:

<https://auntnellies.com/scrumptious-beet-seeds-grains-salad/>

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